CONTENTS

1: New is Not Necessarily Better 9
2: Why is This Happening to me? THE MYSTERY OF PROVIDENCE – JOHN FLAVEL
3: Anxious and Dissatisfied The Rare Jewel of Christian Contentment – Jeremiah Burroughs47
4: What Does Sin Have to Do with My Problem? Of the Mortification of Sin in Believers - John Owen
5: No One Understands My Problems PILGRIM'S PROGRESS – JOHN BUNYAN
6: I Just Need to Stop Feeling, Correct? The Religious Affections - Jonathan Edwards125
7: How can I find Joy Again? A LIFTING UP FOR THE DOWNCAST - WILLIAM BRIDGE
8: The Devil Made Me Do It? PRECIOUS REMEDIES AGAINST SATAN'S DEVICES - THOMAS BROOKS 175
9: Conclusion



