

## CONTENTS

Acknowledgments ix Introduction xi

- 1: Longing for Love
- 2: Safe in God's Sovereignty 9
- 3: A Right View of Reality 33
- 4: The Blessings of a Thankful Heart 51
- 5: Day by Day 73
- 6: Understanding Your Unique Advantages 87
- 7: Establishing a Christ-Centered Life 99

Epilogue 111 Deeper Insight from God's Word 113